

— HGSE — Weekly

Office of
Student Affairs



Monday, May 19, 2025

WHAT YOU NEED TO KNOW

- [Academic Coaching](#)
- [Accessibility and Accommodations](#)
- [Connecting with OSA](#)
- [Quick Links](#)
- [Yoga and Mindfulness](#)
- [Work Accountability Groups](#)
- [I Notice/I Care Form](#)
- [Food Insecurity Resources / Clothes & Furniture Resources](#)

FEATURED ANNOUNCEMENTS



HGSE Commencement Information Hub

[Reserve your Commencement tickets.](#)

Graduating students are required to complete the end-of-year HGSE Student Experience Survey in order to receive their reserved Commencement tickets

**Pick up your Commencement tickets in OSA
(Gutman, 2nd floor):**

- **Monday, May 19th–Friday, May 23rd,
9AM-5PM**
- **Tuesday, May 27th, 9AM-5PM**
- **Wednesday, May 28th, 9AM-3PM**
- **Thursday, May 29th, 7AM-12PM**

**[Visit OSA's Commencement site](#) any time for
information about:**

- Celebrations & Dates
- Regalia
- Tickets
- Speech Contests
- Student Awards
- Inviting Friends & Family

HAPPENING THIS WEEK

Tuesday, May 20 or Thursday, May 22 11AM-1PM [In Person]



Don't leave Appian Way without your Class Gift Pin!

Location: Gutman Library lobby (first floor, near the elevators)

If you made a class gift, make sure you don't leave campus without picking up your HGSE lapel pin! We'd love to say thanks in person! To coordinate an alternate pick-up time, email giving@gse.harvard.edu.

May Series

care.TM

CareTalks from Care.com

Click the links to register.

- Wednesday, May 21: [Caregiver Burnout](#)
- Tuesday, May 27: [Resiliency: Bounce Back Stronger](#)
- Wednesday, May 28: [Screen Guide](#)

Friday, May 23, 5-8PM [In Person]

[Apply here.](#)

CID's Student Ambassador Program offers Harvard graduate and undergraduate students an opportunity to contribute to and embody CID's mission of building a thriving world for all. Student Ambassadors are selected annually based on their commitment to help drive international development research and programming, organize and lead fellow students, and represent CID internally at Harvard and externally with leading practitioners and researchers. Student Ambassadors represent CID's Harvard-wide and global reach and help CID create programming, build community, and deploy talent across the university and beyond. Ambassadors serve for nine-month terms from September to May each academic year.

Tuesday-Wednesday, May 27-28, 9AM-3PM [In Person]



Harvard Education Press: Cheers to the Future!

Celebrating HGSE 2025 Graduates

Location: 8 Story Street, Cambridge

The Harvard Education Press wants to celebrate your success with a FREE book giveaway! Stop by and pick a *free* book for summer reading or to get you ready for your next adventure!

Saturday, June 7, 10AM-12PM [In Person]



Sweet Dreams Storytime: A Family Event with a Children's Author

Location: Lehman Hall (Room 103, The Commons), 8 Harvard Yard, Cambridge

Join the Community Engagement Fellows for a morning of science-backed storytelling all about children's sleep health!

Discover the magic of sleep through engaging, evidence-based storytelling designed for young children and their caregivers.

Sleep Doodles, LLC is a health education organization with a mission to make sleep-health fun and engaging for young children. Using evidence-based storytelling they create engaging and entertaining resources for the little ones (and

you, their caregivers) to appreciate and respect their time spent resting.

Dr. Swathy Karamchedu (CEO and co-founder) is a physician, sleep researcher, and health communicator who is passionate about sleep health education. As an alumna of the Media, Medicine, and Health Program at Harvard Medical School ('24), she took her project to the next level by creating the first in a series of picture books designed to teach kids about the magic of sleep.

Akshita Jain, MBA, who will be joining her, is trained in entrepreneurship and is passionate about marketing and helping startups draw the attention they deserve.

At this session, you will be treated to a book reading by the author and will get a chance to learn about the mission of the project and the company. Don't miss a chance to grab a signed copy of the book and some fun goodies!

Check out the author's work on her [Instagram](#).

WHO: All Harvard-affiliated student-parents, Harvard families with children, and current Harvard Griffin GSAS students are welcome! Spouses, partners, and kids of all ages are encouraged to attend. You don't need to be a parent to join—bring a younger sibling, niece/nephew, or family friend! A valid Harvard ID (HUID) is required for entry; non-Harvard family members may attend if accompanied by a Harvard affiliate.

Light refreshments will be provided!

- 10:15 AM – Welcome and opening remarks
- 10:30 AM – Children's book reading by author Dr. Swathy Karamchedu
- 11:00 AM – Meet the Author, mingle with other families, and purchase signed copies of the book (discounts offered for those who complete a brief survey)

Questions? Contact [us](#).

ONGOING OPPORTUNITIES & RESOURCES



MHL Aware for Educators - 1-hour Training

[Click here to register.](#)

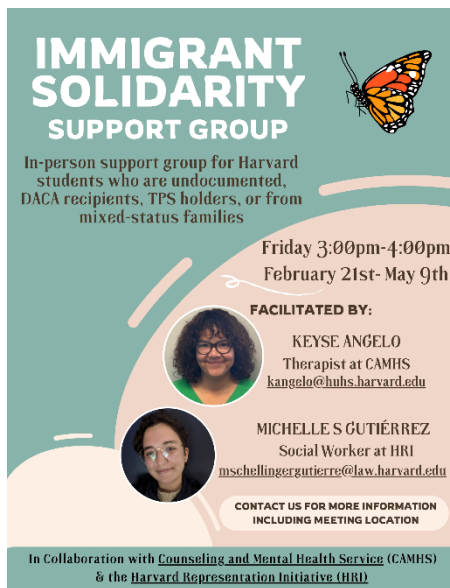
The Problem: Despite recent state legislation requiring mental health education, a tremendous policy to practice gap remains. School communities are struggling with implementation, primarily due to a lack of knowledge and confidence about a topic that has traditionally never been included in the curriculum.

A Foundational Part of the Solution: The MHLC created a one-hour certification program called MHL Aware that offers foundational information about mental health literacy (MHL). This offers

educators the knowledge and confidence they need to take the next steps toward effectively implementing MHL into their school communities.

This training is sponsored by Clinton Global Initiative Project for Pre-Service and Degree-Seeking School Professionals.

[Click here for the full flyer.](#)



IMMIGRANT SOLIDARITY SUPPORT GROUP

In-person support group for Harvard students who are undocumented, DACA recipients, TPS holders, or from mixed-status families

Friday 3:00pm-4:00pm
February 21st- May 9th

FACILITATED BY:

KEYSE ANGELO
Therapist at CAMHS
kangelo@hhs.harvard.edu

MICHELLE S GUTIÉRREZ
Social Worker at HRI
mschellingergutierrez@law.harvard.edu

CONTACT US FOR MORE INFORMATION INCLUDING MEETING LOCATION

In Collaboration with [Counseling and Mental Health Service \(CAMHS\)](#) & the [Harvard Representation Initiative \(HRI\)](#)

Immigrant Solidarity Support Group

Fridays, 3-4PM

Contact [Keyse Angelo](#) or [Michelle S Gutierrez](#) for more information, including the meeting location.

This is an in-person support group for Harvard students who are undocumented, DACA recipients, TPS holders, or from mixed-status families.

JOIN OUR COMMUNITY!



HARVARD UNDOCUGRADUATE COLLECTIVE

OUR MISSION

- The Harvard UndocuGraduate Collective (HUGC) is an emerging initiative bringing together undocumented graduate students across Harvard's graduate and professional schools to build community, share resources, and create networks of support.

WHO CAN JOIN?

- We welcome Graduate Students across ALL Harvard schools with personal lived experience!

SCAN THE QR CODE TO STAY CONNECTED!




Harvard UndocuGraduate Collective

The Harvard UndocuGraduate Collective (HUGC) is an emerging initiative bringing together undocumented graduate students across Harvard's graduate and professional schools to build community, share resources, and create networks of support. [Click here for more information.](#)

HARVARD REPRESENTATION INITIATIVE

Pro Bono Immigration Legal Services for the Harvard Community




LEGAL SERVICES
Our pro-bono legal representation includes assistance with filing immigration applications and representing clients before U.S. Citizenship and Immigration Services (USCIS), in Immigration Court, and beyond.

TO SCHEDULE AN APPOINTMENT:
hri@law.harvard.edu
(617) 495-6648

SOCIAL WORK
We offer social work support to all clients as part of their legal representation. Our clinical social work team can assist with emotional support, health insurance issues, financial concerns, food insecurity, and other resources on and off campus.

SCAN FOR MORE INFORMATION



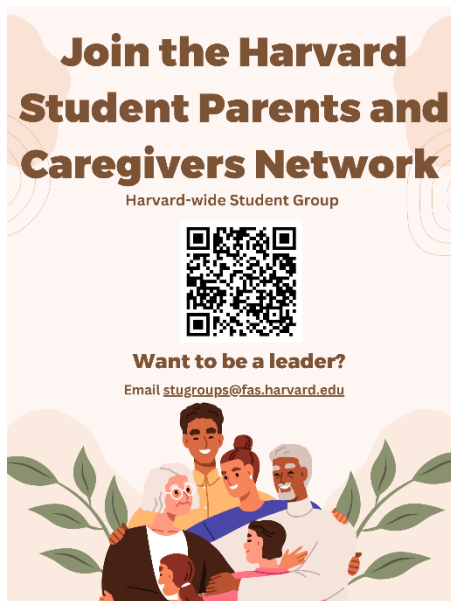
HIRCP
HARVARD IMMIGRATION, RESILIENCE, AND REFUGEE CENTER OF PROGRAMS

Harvard Representation Initiative: Pro-Bono Immigration Legal Services for the Harvard Community

Our pro-bono legal representation includes assistance with filing immigration applications and representing clients before U.S. Citizenship and Immigration Services (USCIS), in Immigration Court, and beyond.

[Contact us](#) to schedule an appointment.

(617) 495-6648



Join the Harvard Student Parents and Caregivers Network

This Harvard-wide student group is welcoming new members and leaders! Email stugroups@fas.harvard.edu.



Harvard University Peer Coaching Initiative

[Learn more and register here.](#)

The Harvard University Peer Coaching Initiative (HUPCI) is a non-competitive opportunity for Harvard students and researchers to

1. learn and practice core interpersonal skills
2. build a high-trust relationship with an effective thought partner
3. stay more centered and intentional during their time at Harvard.

A three-time Culture Lab Innovation Fund winner, it is also a chance to help build a more inclusive community at Harvard.

HARVARD GRADUATE SCHOOL OF EDUCATION

Language Education Acquisition Research Neuroscience

LEARN LABS

What factors relate to **EDUCATIONAL** outcomes?

How do kids learn **LANGUAGE**?

How do children **ACQUIRE** knowledge?

How do children **REASON** about the world?

What can **NEUROSCIENCE** teach us about development?

Harvard University researchers are recruiting **children ages 0-12** to participate in research studies with us!

If you're interested, please visit <https://bit.ly/cocodev> or scan the **QR code** to join our contact list!

SCAN ME

If you have any questions, please email us at learnlabs.harvard@gmail.com
Website: <https://projects.lq.harvard.edu/learnlab>

Attention HGSE Parents - Opportunities to Contribute to Child and Education Research!

[Sign up here](#) to express interest and learn more.

Calling all junior scientists! We know many of you are looking for ways to give back to the community - but time feels so short these days, especially with little ones to chase after. At the LEARN Labs of the Harvard Graduate School of Education, we understand these pressures (as we are parents, too)! That's why we've been developing new ways for parents and children to get involved in science. We are offering multiple opportunities for you and your children to participate in research activities both in local lab spaces or online – providing fun, enriching, and educational experiences with our trained scientists, typically alongside compensation for your family's time.

If you are interested, please consider signing up to be part of our participant database. This would mean that the information you provide will be stored in our electronic database for us to contact you about future studies that are relevant to your child's age group. Importantly, filling out this form does not mean that you have promised us to participate in any of our studies yet. After signing up, we may contact you to tell you more about what studies and activities we have available for you and your child.

Questions? Interested? Please feel free to contact us via email at learnlabs.harvard@gmail.com or one of the scientists on-staff, [Joseph Colantonio](#), to learn more about opportunities for your child to participate in child development research.

TOGETHER WE THRIVE

HGSE ACCESSIBILITY & INCLUSION INITIATIVES

Together We Thrive is a new collaborative initiative born out of HGSE's DEI Coordinating Committee (DEICC) to highlight the important accessibility and inclusion resources for our community to utilize. Revitalized in Spring 2024, the DEICC is a cross-campus coalition sponsored by the Dean's Office to coordinate community-wide, DEI-related efforts for maximum impact. This group identified three initial recommendations to better support accessibility and inclusion at HGSE:

- Religious Observances Calendar
- Barriers to Access Form
- Event Accessibility Checklist

Available online, in Outlook, or as a PDF.

<https://bit.ly/religiousobservanceshpre> <https://bit.ly/hgsebarrierstoaccess>
<https://bit.ly/eventaccessibilitychecklistshpre>

Contact Us del@gse.harvard.edu

Together We Thrive: HGSE Accessibility and Inclusion Initiatives

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WAGs

Join Student Support Services Academic Coaches in our weekly **WORKING ACCOUNTABILITY GROUPS!**

More information and Zoom links on the Hub.



Work Accountability Groups (WAGs) are over for the 2024-25 academic year.

Student Support Services in the Office of Student Affairs will be offering Work Accountability Groups (WAGs) twice a week on Zoom (**Thursdays 8-10 PM and Sundays 2-4 PM**) throughout each semester, September-December and February-May. These accountability groups are two hours long and provide a space for students to work together with fellow students, in the comfort of their own workspace, and in a supportive environment. An Academic Coach will run the accountability group and will be there to provide structure and any immediate support needed by students.

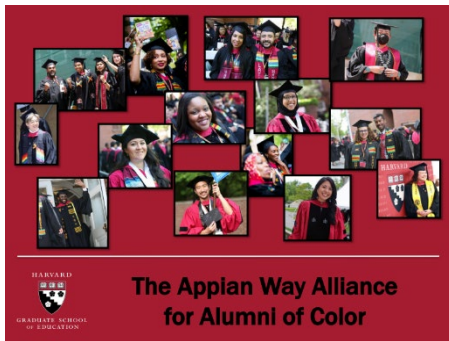
For more information, please visit the [WAG website](#).

Crimson Cupboard

CRIMSON CUPBOARD



The Office of Student Affairs has a limited number of shelf-stable food items available to students who may be facing food insecurity. To access the cupboard, please fill out this [brief survey](#) with your contact information. Rilda Kissel (Associate Director of Student Support Services) will follow up to arrange a time for students to access the pantry.



The Appian Way Alliance for Alumni of Color

The mission of [The Appian Way Alliance for Alumni of Color](#) (The Alliance) is to create a vibrant, inclusive, active, and supportive community of HGSE alumni and students of color. The Alliance creates opportunities through community-wide and regional events for alumni of color to connect with one another; enhances relationships between alumni and students of color; provides academic, career, and other types of support to students; and proactively addresses issues of equity, inclusion, access, and diversity at the Harvard Graduate School of Education and in our communities. Please [contact The Alliance](#) if you have any questions or want additional information, and please join their [LinkedIn group](#)!



Mindfulness for Students at the Center for Wellness and Health Promotion

As we start the new semester here at [CWHP](#), we are excited to offer a variety of mindfulness programs to support your wellbeing. Subscribe to the monthly newsletter [here](#) for more information on wellness offerings, classes, and workshops!

RELIGIOUS RESOURCES



Harvard Chaplains

Harvard Chaplains

The Harvard Chaplains, a professional community of more than thirty chaplains, represent many of the world's religious, spiritual, and ethical traditions, and share a collective commitment to serving the spiritual needs of the students, faculty, and staff of Harvard University. Learn more on the [Chaplains website](#).



Prayer Space on the HGSE Campus

Longfellow 214 is a dedicated prayer space here on the HGSE campus. Recognizing that not all buildings are open during the weekends, Gutman 440 has been reserved as prayer space on Saturday and Sundays, during regular Library hours.

A 2nd Community Prayer Space is Now Available!

From now until March 31, all HGSE community members can access Read Hall 102 as an additional prayer space to our Longfellow Hall 214 room. Prayer mats and stones will be provided in late January. Only a Harvard ID is required to access, no further steps needed.



The Memorial Church of Harvard University

The Memorial Church of Harvard University, part of a [vibrant interfaith network of Harvard](#), is an interdenominational Protestant church in the midst of Harvard Yard that serves as a place of spiritual refuge to the entire community. “MemChurch” stands opposite Widener Library as a visible reminder of the historical and

spiritual heritage that has sustained Harvard for nearly four centuries. In addition to our [regularly scheduled services](#), we also offer a variety of [programming](#) for students, adults, and children.



Harvard Hillel

[Harvard Hillel](#) is a Jewish home on campus that seeks to:

- Welcome students to experience the variety of Jewish identity, tradition, practice, values, culture, and community.
- Inspire and enable Jewish connection, celebration, and action.
- Prepare students to join, create, shape, and lead Jewish communities; strengthen the Jewish people, and live proud Jewish lives.
- Share Jewish sources, traditions, ideas, and innovations, and their relevance in our world.
- Forge connection and engagement with the State of Israel.
- Foster friendship in a nurturing and refreshing sanctuary amid the stresses of student life.
- Engage the unique opportunities of Harvard and make Jewish thought and culture integral in the life of the University.

Whether you're looking to unwind with friends, dive deeper into Hebrew language and culture, or celebrate the High Holidays, Harvard Hillel has

got something for everyone. [Sign up for the Grad Events newsletter](#) today.



Please Note: *In addition to student events and resources, the HGSE Weekly Newsletter is the official communication channel for important information regarding Commencement.*